

Upcoming Events:

OCTOBER 10, 2016
OCTOBER 12, 2016
NOVEMBER 16, 2016

NEXT MEETING:
OCTOBER 10, 2017
6:00 p.m- 8:30 p.m.
CONTRA COSTA EMS

Please Update your
DHV account!

<http://disasterhealthcarevolunteers.ca.gov/>



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Contra Costa County
Medical Reserve Corps

MRC UPDATES- EXPRESS

MRC Members to Share Experiences in Recent Responses

The next MRC meeting Don Powell (EMT) and Lisa Vajgrt-Smith (RN) will share their experiences of their recent deployments to Hurricane Harvey and Irma. Don Powell is an MRC member who also volunteers with the American Red Cross. He was deployed to Hurricane Irma.



Lisa deployed to Texas as part of the Nation Disaster Medical System (NDMS) and served on WA-1 Disaster Medical Assistance Team (DMAT). Sharing these experiences will help build an understanding of disaster deployments and some of the challenges responders faced. Additionally,

these presentations can provide direction as to what MRC's role is in large events.

Please join us on October 10, 2017 6:00 p.m. -8:30 p.m. | 1340 Arnold Drive Ste 126.

Flu Season is Approaching

It is that time of year again. Fall and winter are just around the corner, which means healthcare is gearing up for the flu season. This year's recommendations for the flu vaccine have not changed. They do not recommend the intranasal vaccine. All members are encouraged to receive flu vaccinations and Contra Costa Health Services has implemented its masking policy.

The MRC will be standing up flu vaccine clinics throughout the season. In order to participate in these events, vaccines must be in your scope of practice, and you must take the EZ/IZ training if you have never completed it. The stations use 2-3 non-medical personnel to assist with logistics and paperwork.

The following Flu Clinic dates have been purposed. We need medical personnel to indicate their availability in order to confirm the dates. Please use the sign-up to indicate availability; from there dates will be picked for the locations.

- Saturday, October 21, 2017 6:00 p.m- 8:00 p.m. Tibetan Community Center Richmond or
- Saturday, October 28, 2017 1:00 p.m.- 3:00 p.m. Tibetan Community Center Richmond
- Wednesday, October 11, 2017 3:00 p.m.- 5:00 p.m. Dozier Libbey HS or
- Thursday, October 19, 2017 3:00 p.m.- 5:00 p.m. Dozier Libbey HS

MRC Challenge Award H3 Project

The MRC H3 Project is complete and the next step will be teaching the CBOs disaster preparedness. More details will be provided once dates are confirmed.

SWMHE

There is the potential MRC will be requested as part of the Statewide Medical-Health Exercise. This exercise occurs on November 16, 2017 from 8:00 a.m. - 2:00 p.m. at various locations. San Ramon Regional has purposed the idea of using medical MRC volunteers in the scenario. Please use the sign-up to indicate availability. This will help make a determination if the MRC will participate. As always, you are welcome to volunteer as victims as well. **Please sign up for events on Signup Genius.**

BLS Certification:

We are ready to start offering BLS certification and renewals. The course will be provided at cost of the certification card only (\$5). Class dates have been schedule through January. In order to hold the class 3 people must sign-up or they will be cancelled. This is a trial period to find dates that work best so other arrangements can be made if you have an expiring certification.

[Sign-up Genius Links \(passcode 1969\):](#)

Flu Clinics www.SignUpGenius.com/go/30E0C4CAA72EA5F58-fluclinics1

State Exercise www.SignUpGenius.com/go/30E0C4CAA72EA5F58-swmhe1

BLS cert www.SignUpGenius.com/go/30E0C4CAA72EA5F58-blscertification

DHV Update

An admin assistant will be contacting several of you to update your DHV profiles in an attempt to have all profiles 100% complete. Additionally she will be adding everyone's pictures to the system in preparation for the badging trial. Please send your pictures to ContrCostaMRC@gmail.com

All former and inactive MRC members are being contacted to determine their desire to remain in the MRC. There is a likelihood some members will be moved from the MRC into the County DHV unit. This means the MRC is focused on recruiting committed, active, medical volunteers. Please speak to your friends and colleagues to encourage them to join the MRC! They can email ContraCostaMRC@gmail.com to start the process.

Commit to your Community



Do you know someone who would be interested in joining the MRC?

Invite them to a meeting or connect them with the MRC coordinator

lisa.vajgrt-smith@hsd.cccounty.us

(925) 313-9548